

Erbzenerg[®]
Green Food For Healthy Living

GYMNEMA SYLVESTRE

DIETARY SUPPLEMENTS

PURE & NATURAL



**A COMPLETE
SUPERFOOD FOR A
HEALTHY LIVING**



**Maintains Blood
Sugar Levels**



**Manages
Weight**



**Manages
Insulin Level**



What Is Gymnema

Gymnema is a woody climbing shrub native to India and Africa. The leaves are used to make medicine. It has a long history of use in India's Ayurvedic medicine.



Controls Levels Of Insulin

Gymnema maintains the amount of insulin in the body and manage the growth of cells in the pancreas, which is the place in the body where insulin is made.



How To Use

- Take 2 to 4 capsules
- Adequate water
- 30 min After a meal
- Twice a day